





MENU

Let our chefs take your taste buds travelling to the Orient through a tantalizing variety of dishes from the diverse cultures and flavours of South East Asia. Dine with us and let your palate explore the succulent spices of the Far East.

As is traditional in Asia, our dishes are served independently from rice or noodles which are ordered separately to give variety. Your chosen dishes can be complemented by vegetables or noodles to accompany your meal. Individual dishes can be shared by all in this way to allow everyone to enjoy the different tastes of the Orient.

Things You Should Know

Buffet menus for larger parties can be arranged upon request. A special buffet is served every Sunday from 12 noon to 3:30pm. We have an excellent selection of sharing menus.

Allergies and Intolerances

If you have any food allergies or intolerances, please bring them to the attention of a member of our team before ordering. Although every effort is made to accommodate guests who are celiac or gluten intolerant, flour and other glutinous ingredients are used in our kitchens. It is therefore impossible to guarantee a risk-free environment.

We accept all major credit cards.

An optional gratuity of 10% will be added to your bill. All gratuities go to the staff in this restaurant.

All prices are in sterling (£) and are inclusive of VAT.

INTRODUCTION

At <East>, we pride ourselves on providing the best dishes from South East Asia. We have put together sharing menus so that you can enjoy a medley of flavours from many different countries. That's the <East> experience.

SHARING MENU A

For a minimum of two guests

Three Courses at £28.50 per person

Heavenly Beef, (Indonesian Chicken Satay, Sweetcorn Croquettes V and Char sui Pork Ribs

((Thai Red Curry with Chicken, (Crispy Chilli Beef, Korean Sweet and Sour Pork and Steamed Jasmine Rice V Dessert of the Day

SHARING MENU B

For a minimum of four guests

Three Courses at £29.50 per person

Tempura Prawns, Char Sui Pork Ribs, (Indonesian Chicken Satay and Heavenly Beef

(Massaman Lamb N, Tamarind Cashew Chicken N, (Hong Kong Beef, (((Pad Cha Seafood, Teriyaki Duck and Steamed Jasmine Rice V

Dessert of the Day

SHARING MENU C

For a minimum of two guests

Four Courses at £32.50 per person

Char Sui Pork Ribs, Tempura Prawns and Vegetables, (Indonesian Chicken Satay and Sweetcorn Croquettes V

Aromatic Duck with Pancakes

((Green Curry with Chicken, (Crispy Chilli Beef, Korean Sweet and Sour Pork and Steamed Jasmine Rice V Dessert of the Day

SHARING MENU D

For a minimum of four guests
Four Courses at £34.50 per person

Tempura Prawns, Heavenly Beef, (Indonesian Chicken Satay and Char Sui Pork Ribs

Aromatic Duck with Pancakes

Volcano Chicken, ((Malaysian Lamb Rendang, (((Pad Cha Seafood, Pla Jien Lemongrass, (Hong Kong Beef and Steamed Jasmine Rice V

Dessert of the Day

VEGETARIAN SHARING MENU V

For a minimum of two guests

Three Courses at £23.50 per person

Tempura Vegetables, Steamed Dumplings, Spring Rolls and Sweetcorn Croquettes

(Singapore Curry with Vegetables, (Wild Ginger Tofu with Vegetables, Sautéed Green Beans and Steamed Jasmine Rice

Dessert of the Day

STARTERS

1.	Prawn Crackers	Spicy prawn crackers, served with a sweet chilli dip	Thailand	3.60
2.	Mandarin Rolled Toast	Toast rolled around roast duck with a Mandarin sauce	China	7.95
3.	Turmeric Chicken Wings	Crispy chicken wings marinated in spices and turmeric, served with crispy onions and a chilli dip	Thailand	7.40
4.	Char Sui Pork Ribs	Grilled Cantonese-style tender ribs	China	7.60
5.	Crispy Pork Belly	Pork belly marinated in aromatic spices, fried until crisp, served with Thai Isan style sauce	Thailand	7.60
6.	Sweetcorn Croquettes V	Seasoned sweetcorn, deep fried, served with a sweet chilli dip	Thailand	6.50
7.	Steamed Dumplings V	Steamed Chinese chives and cabbage in pastry, served with a sweet and zesty soy sauce	China	6.70
8.	Heavenly Beef	Slices of beef marinated in palm sugar and coriander seeds, shallow fried, served with a cucumber and sharp chilli dip	Thailand	8.50
9.	Seven Spiced Squid	Fried baby squid with Japanese seven spices and chilli salt	<east></east>	7.95
10.	Spring Rolls ∨	Vermicelli, carrots and cabbage wrapped in paper-thin pastry, deep-fried, served with a sweet chilli dip	Vietnam	6.20
11.	Tempura Prawns	Prawns deep-fried in a crisp, light tempura batter, served with a wasabi and soy dip	Japan	7.95
(12.	Sai Oua	Northern Thai-style pork sausages, spicy and rich in herbs, served with fresh salad	Thailand	7.60
(13.	Indonesian Chicken Satay	Chicken grilled on skewers, basted with warm Indonesian spices	Indonesia	7.40
14.	Seafood Gyoza	Japanese pastry wrapped over king prawns and squid, served with a sake vinegar sauce	Japan	7.95
15.	Tempura Vegetables V	Crispy vegetables, deep-fried in a light tempura batter, served with a wasabi and soy dip	Japan	6.50
16.	Oriental Platter for Two	Heavenly Beef, Tempura Prawns and Vegetables, Indonesian Chicken Satay and Char Sui Ribs, served with a selection of dips	<eąst></eąst>	16.50
17.	Vegetarian Platter for Two ∨	Steamed Dumplings, Tempura Vegetables, Spring Rolls and Sweetcorn Croquettes, served with a selection of dips	<east></east>	14.60

SECOND COURSE

18.	Aromatic Duck with Pancakes	Crispy aromatic duck served with cucumber, spring onions, steamed pancakes and hoisin sauce	China Quarter Half	14.80 25.60
(19.	Larb Beef or Chicken	Finely chopped beef or chicken, tossed with lime juice and chillies, flavoured with fresh mint leaves and crushed roasted rice, served warm with lettuce scoops	Thailand	9.50
(20.	Chicken Lettuce Wraps	Chicken fried with roasted chillies on a bed of crispy rice noodles, served with fresh lettuce leaves	China	9.50
	SOUPS			
(21.	Tom Kha (with V option)	Coconut milk-based soup flavoured with galangal, lemon juice, lemongrass, coriander, chillies and kaffir lime leaves, with your choice of prawns, chicken or vegetables	Thailand Vegetables Chicken Prawns	6.50 7.20 7.95
(22.	Tom Yum	Classic lemongrass and fresh chilli soup with your choice of prawns or chicken	Thailand Chicken Prawns	7.20 7.95
23.	Hot and Sour Soup	Spicy piquant chowder with chicken and shredded bamboo shoots	China	7.20



MAIN COURSES

CURRIES

(€24. <i>N</i>	Malaysian Rendang	A popular Malaysian curry with sun-dried spices giving a rich and warm flavour	Malaysia Chicken 13.50 Beef 14.95 Lamb 16.50
(25. <i>N</i>	Massaman Curry N	Slow-cooked, tender beef or lamb with onions, potatoes and roasted peanuts in a rich Thai curry with coconut milk, herbs and spices	Thailand Beef 14.95 Lamb 16.50
(26. F	Panang Curry	A rich and creamy curry, flavoured with Thai spices and kaffir lime leaves with your choice of chicken, beef or lamb	Thailand Chicken 13.50 Beef 14.95 Lamb 16.50
(27. (Gang Hunglay Pork	Pork, slow-cooked Burmese style with garlic, shallots, ginger and spices	Burma 12.95
(28. 7	Thai Red Curry	Thai red curry made with sun-dried red chillies, bamboo shoots, aubergine and fresh Thai herbs in coconut milk, with your choice of chicken or beef	Thailand Chicken 12.95 Beef 13.95
	Singapore Curry (with V option)	A rich curry with turmeric spices, with your choice of vegetables or chicken. Singapore's signature dish	Singapore Vegetables 9.50 Chicken 13.50
€30. 7	Thai Green Curry	A classic Thai curry made with coconut milk, green chillies, bamboo shoots, fine beans and fresh Thai herbs, with your choice of chicken or beef. Thailand's signature dish	Thailand Chicken 12.95 Beef 13.95



CHEF'S SPECIALITIES

Tamarind Cashew Chicken N	Slices of chicken fillet, stir-fried with cashew nuts, onions, spring onions, roasted sun-dried chillies and tamarind sauce	Thailand 12.60
Sizzling Beef	Flash-fried beef with mushrooms, peppers, carrots, oyster sauce and red wine, served on a sizzling plate	China 13.80
Pork Bulgogi	Slices of pork shoulder stir-fried with gochujang chilli paste, garlic, ginger, onions, spring onions and sesame	Korea 13.50
Volcano Chicken	Succulent chicken marinated with black pepper, coriander root and spices, roasted and served on a flaming plate at your table with a lava sauce	< <u>East</u> > 16.80
Tamarind Duck	Fried aromatic duck, served with a caramelised tamarind sauce, garnished with crispy shallots and roasted sun-dried chillies	Thailand 16.50
Korean Sweet and Sour (with V tofu option)	A Korean sweet and sour dish with seasonal vegetables and your choice of chicken, pork or tofu	Korea Tofu 9.50 Pork 12.60 Chicken 12.60
Shanghai Pork Belly	Slow-cooked pork belly in rice wine and Chinese herbs, served with crunchy Chinese vegetables	China 16.50
Pad Ga Praw	Finely chopped chicken or beef, stir-fried with chillies, garlic and holy basil. Thailand's famous dish	Thailand 12.95
Teriyaki Duck	Roast duck served with a flavourful teriyaki sauce	Japan 16.50
Crispy Chilli Beef	Tender shredded beef marinated in Chinese rice wine and herbs, deep-fried until lightly crunchy, then tossed in an aromatic sun-dried chilli sauce	China 12.60
Lemongrass Crispy Chicken	Crispy chicken thighs stir-fried with lemongrass, garlic and chillies	Thailand 13.50
Hong Kong Beef	Slow-cooked beef with aromatic spices, coriander and spring onions, served on a sizzling plate	< <u>East</u> > 16.50
		Sizzling Beef Flash-fried beef with mushrooms, peppers, carrots, oyster sauce and red wine, served on a sizzling plate Pork Bulgogi Slices of pork shoulder stir-fried with gochujang chilli paste, garlic, ginger, onions, spring onions and sesame Volcano Chicken Succulent chicken marinated with black pepper, coriander root and spices, roasted and served on a flaming plate at your table with a lava sauce Tamarind Duck Fried aromatic duck, served with a caramelised tamarind sauce, garnished with crispy shallots and roasted sun-dried chillies Korean Sweet and Sour (with V tofu option) A Korean sweet and sour dish with seasonal vegetables and your choice of chicken, pork or tofu Shanghai Pork Belly Slow-cooked pork belly in rice wine and Chinese herbs, served with crunchy Chinese vegetables Pad Ga Praw Finely chopped chicken or beef, stir-fried with chillies, garlic and holy basil. Thailand's famous dish Teriyaki Duck Roast duck served with a flavourful teriyaki sauce Crispy Chilli Beef Tender shredded beef marinated in Chinese rice wine and herbs, deep-fried until lightly crunchy, then tossed in an aromatic sun-dried chillis sauce Crispy Chicken Crispy chicken thighs stir-fried with lemongrass, garlic and chillies Slow-cooked beef with aromatic spices, coriander and



SEAFOOD

43.	<east> Pla Pao</east>	Whole sea bass grilled in a banana leaf with turmeric fresh herbs, tomatoes, crispy onions and garlic, served with a subtle tangy sauce	<eąst></eąst>	19.95
(44.	Seafood Pad Tom Yum	King prawns, squid and mussels stir-fried with caramelised chillies, mushrooms, lemongrass, kaffir lime leaves, shallots, chillies and lemon juice	Thailand	16.80
(45.	Chu Chi Prawns	Tender king prawns cooked in a flavourful chu chi coconut cream curry sauce	Thailand	16.95
46.	Sizzling Prawns N	King prawns, quick-fried in a flamed wok with a spicy sauce, peppers, onions and cashew nuts	China	16.80
47.	Pla Jien Lemongrass	Fried slices of sea bass with garlic, chillies, tamarind and crispy lemongrass floss	Thailand	16.95
(((48.	Pad Cha Seafood	A combination of sea bass, king prawns, squid and mussels stir-fried with wild ginger in a spicy sauce	Thailand	16.80
	VEGETABLES			
49.	Pak Choi with Mushroom Sauce V	Flash-fried pak choi with garlic in a savoury mushroom sauce	China	9.60
50.	Sautéed Green Beans V	Fresh green beans sautéed with garlic, chillies and black bean sauce	China	8.95
51.	Mixed Vegetables ∨	A medley of seasonal vegetables stir-fried with a light soy sauce and yellow soy bean sauce	<east></east>	8.95
(52.	Wild Ginger Tofu and Vegetables V	Flash-fried courgette, fine beans, mushrooms and tofu with wild ginger in a spicy sauce	Thailand	9.50
53.	Kung Pao Tofu N V	Deep-fried tofu stir-fried with roasted peanuts, onions, spring onions, roasted sun-dried chillies in a savoury mushroom sauce	China	9.60



RICE DISHES

54.	Chicken Pot Rice N	Jasmine rice, topped with finely-chopped chicken in a black bean sauce and garnished with chillies, cashew nuts, spring onions and lemon	<eqst 13.60<="" th=""></eqst>
55.	Rainbow Rice	Fried rice with prawns, peppers, onions, pineapple and glass noodles	Thailand 13.95
(56.	Khao Ga Praw Mu Grob	Crispy fried pork belly stir-fried with chillies, garlic and holy basil	Thailand 14.50
57.	Nasi Goreng	Indonesian fried rice with chicken, garlic, onions and chillies, served with a fried egg, chicken satay and prawn crackers	Indonesia 13.95
58.	Coconut Rice V	Thai jasmine fragrant rice flavoured with coconut milk	Thailand 3.60
59.	Egg Fried Rice V	Thai jasmine fragrant rice stir-fried with egg and light soy sauce	Thailand 3.60
60.	Steamed Rice V	Thai jasmine fragrant rice steamed to perfection	Thailand 3.20
61.	Steamed Brown Rice V	Nutty and wholesome Thai brown jasmine rice, steamed to perfection	Thailand 3.50
62.	Roti ∨	Flaky and delicious flatbread, recommended with all curry dishes	<east 2.80<="" td=""></east>
		NOODLES	
(((63.	Spicy Udon	Round Japanese noodles with chicken, garlic, chillies, bamboo shoots, French beans and holy basil	<east> 14.95</east>
64.	Singapore Noodles (with V option)	Singapore's famous vermicelli noodle dish, stir-fried with egg, bean sprouts and spices with your choice of chicken, prawns or vegetables	Singapore Vegetables 10.80 Chicken 12.80 Prawns 13.60
65.	Thai Chicken Noodles	Ribbons of rice noodles, stir-fried with chicken, egg, spring onions and a light sauce, served on a bed of lettuce	Thailand 12.60
66.	Pad Mee Noodles V	Chinese noodles fried with bean sprouts, carrots and spring onions	China 7.60
67.	Pad Thai Noodles N (with V option)	Traditional Thai noodles, stir-fried with king prawns or chicken, egg, sweet radish, tamarind sauce, bean sprouts, spring onions and peanuts	Thailand Vegetables 10.80 Chicken 12.80 Prawns 13.60

LUNCH TIME SPECIALS Two Courses for £14.50

STARTER

Sesame Pork Slices of pork neck, marinated in Thai spices and pepper, served with

a spicy Sriracha sauce

(Panang Satay Chicken grilled on skewers and basted with Thai panang curry sauce

Crispy Wonton Finely chopped pork with white pepper, wrapped in wonton pastry,

served with a sweet chilli dip

Salt and Pepper Chicken Wings Chicken wings marinated in salt and pepper, fried until crisp, served

with a sweet chilli dip

Sweetcorn Croquettes V Seasoned sweetcorn croquettes, served with a sweet chilli dip

Wasabi Tempura Vegetables V Seasonal vegetables, deep-fried in a light tempura batter and dressed

with wasabi cream

MAIN COURSE (one plate) All main courses, except noodles, served with jasmine fragrant rice

Crispy Chicken and Coconut Rice Southern-style fried chicken on a bed of coconut rice, garnished with

crispy onions and cucumber, served with a sweet chilli sauce

(Chu Chi Sea Bass Succulent sea bass (or tofu) in a creamy spiced red curry with fresh

(with V tofu option) That herbs

(Panang Beef Sliced beef in a rich coconut curry, flavoured with kaffir lime leaves

Khao Mu Tod Sliced pork tossed with garlic and white pepper, served with cucumber

and coriander

((Khao Pad Ga Praw Finely chopped chicken, stir-fried with fragrant rice, chillies, garlic and

holy basil, accompanied with a fried egg

(Spicy Singapore Noodles Singapore's famous vermicelli noodle dish, stir-fried with chicken or

king prawns (at €2 extra), egg, bean sprouts, spices and chillies

Chow Mein Stir-fried egg noodles with bean spouts, carrots and spring onions with

(with V option) your choice of chicken or beef

Spicy Mixed Vegetables A variety of vegetables stir-fried with tofu, yellow soy bean sauce

and Tofu V and chillies

(with V option)



